	Menu for Both Mess We.f. May, 2019						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Aloo Parantha Pickle, Cornflakes, Bread, Butter, Jam 2 pc Boiled Eggs, 1 pc Banana Milk/Tea/Coffee &Chocolate Powder	Pav-Bhaji Cornflakes, Bread, Butter, Jam Egg Bhurji, 2 slices of Papaya, Milk/Tea/Coffee &Chocolate Powder	Idli Sambhar, Chutney, Sambhar, Cornflakes Bread, Butter,Jam 2 pc Boiled Eggs, Milk/Tea/Coffee &Chocolate Powder	Matar Kulcha Cornflakes, Bread, Butter, Jam Egg Bhurji (2 eggs) Mango Milk/Tea/Coffee &Chocolate Powder	Mix Parantha, Pickle, Cornflakes, Bread, Butter, Jam 2 pc Boiled Eggs, Pear/Muskmelon Milk/Tea/Coffee &Chocolate Powder	Veg Sevaiyan, Cornflakes, Bread, Butter, Jam Omelet (2 eggs), Milk/Tea/Coffee &Chocolate Powder	Poha, Chutney, Cornflakes Bread, Butter, Jam Egg Bhurji (2 eggs) Milk/Tea/Coffee &Chocolate Powder
LUNCH	Arhar Dal Fry, Aloo Parwal, Ghiya Kofta, Plain rice, Roti, Salad, Kheera Raita, Papad, Lemon Slices, Pickle	Rajma, Bhindi do pyaza, Nutrela Matar, Jeera rice, Roti, Salad, Vegetable Raita, Fryums, Lemon Slices, Pickle	Kaala chana masala, Rajasthani Gatte, Aloo Baigan, Matar Pulao, Roti, Salad, Boondi Raita, Papad, Lemon Slices, Pickle	Dal Makhani, Mix veg, Nutrela(Keema), Jeera rice, Roti, Salad, Plain curd, Fryums, Lemon Slices, Pickle	Kadhi, Achari aloo, Baigan Bharta, , Plain rice,raita Roti, Salad, Papad, Lemon Slices, Pickle	Chole Bhature, Matar Pulao, Veg Khichadi, Salad, Plain curd, Papad, Lemon Slices, Pickle	Idly/Vada sambhar, Lemon rice, Coconut chutney, Tomato chutney papad
DINNER	Moong daal(peeli), Aloo Karela, Jeera rice, Roti, Salad,Lemon Slices, Pickle, Rice kheer	Dal bukhara, Achaari Aloo, Plain rice, Roti, Salad, Raita, Lemon Slices, Pickle	Kadhai Chicken, Kadhai paneer, Dal Haryali (Ghiya chana daal), Jeera rice,roti, salad, Lemon Slices, Pickle, Gulab jamun,	Dal Panchmail, Ghiya masala Matar Pulao, Roti, Salad, Boondi Raita, Lemon Slices, Pickle	Egg curry, Shahi Paneer Arhar Dal, Plain rice, roti salad, Lemon Slices, Pickle, Fruit Custard	Dal kali masoor, Bhindi masala Matar Pulao, roti salad, Mishti Dahi, Lemon Slices, Pickle	Chicken Briyani , Malai Kofta, Veg Biryani, Mint raita, roti, salad Lemon Slices, Pickle, Roohafza lassi

Timings: Breakfast: 7:30 - 10:00 AM Lunch: 12.30 - 2:30 PM Dinner: 7:30 – 9:30 PM